

CB-BK WE1 2026: Session: 5: COACH evaluation sheet for TEAM: UZKZ

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Veys Lies

Coaches: Vanden Abeele Syl

Coaches: Planckaert Pieter HEADCOACH

Coaches: Heyligen Bert

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 32: 400M FREESTYLE MEN 13-14							Heat:1, starttime: 08:30	
Heat: 1/9 Lane : 5 Athlete: HEYLIGEN FELL							Q-time: 05:01:53	
PB (50m pool): 06:00.96 Kortrijk 26/12/2024				PB (25m pool): 05:01.53SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:38.59	01:22.61	02:09.85	02:56.35	03:43.00	04:30.20	05:17.95	06:00.96
	00:38.59	00:44.02	00:47.24	00:46.50	00:46.65	00:47.20	00:47.75	00:43.01
								

Coach feedback:

Event number: 32: 400M FREESTYLE MEN 13-14							Heat:3, starttime: 08:41	
Heat: 3/9 Lane : 6 Athlete: BOHIJN MILO							Q-time: 04:53:98	
PB (50m pool): 05:21.71 Kortrijk 26/12/2025				PB (25m pool): 04:53.98SB: 05:21.71 Kortrijk 26/12/2025				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:35.77	01:17.29	01:59.53	02:41.36	03:22.61	04:02.53	04:43.00	05:21.71
	00:35.77	00:41.52	00:42.24	00:41.83	00:41.25	00:39.92	00:40.47	00:38.71
								

Coach feedback:

Event number: 34: 100M BUTTERFLY MEN 11-12							Heat:2, starttime: 09:54	
Heat: 2/11 Lane : 4 Athlete: BOHIJN NAUD							Q-time: 01:39:16	
PB (50m pool): no time			PB (25m pool): 01:39.16SB: no time					
	5 0 M	1 0 0 M						
PB	no time	no time						
	<i>no time</i>							
								

Coach feedback:

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Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:2, starttime: 10:16
Heat: 2/20 Lane : 4 Athlete: VANDENBULCKE FELI			Q-time: 01:21:73
PB (50m pool): 01:21.73 Antwerpen 15/03/2026			PB (25m pool): 01:26.60 SB: 01:21.73 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:40.09	01:21.73	
	00:40.09	00:41.64	
			

Coach feedback:

Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:3, starttime: 10:18
Heat: 3/20 Lane : 2 Athlete: BREDA MAUD			Q-time: 01:21:01
PB (50m pool): 01:21.01 Kortrijk 15/02/2026			PB (25m pool): 01:17.94 SB: 01:21.01 Kortrijk 15/02/2026
	5 0 M	1 0 0 M	
PB	00:38.36	01:21.01	
	00:38.36	00:42.65	
			

Coach feedback:

Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:9, starttime: 10:29
Heat: 9/20 Lane : 4 Athlete: VANCAMELBEKE LOTTE			Q-time: 01:14:90
PB (50m pool): 01:14.90 Antwerpen 15/03/2026			PB (25m pool): 01:11.70 SB: 01:14.90 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.61	01:14.90	
	00:35.61	00:39.29	
			

Coach feedback:

Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:10, starttime: 10:31
Heat: 10/20 Lane : 7 Athlete: TUYTENS LAURE			Q-time: 01:14:73
PB (50m pool): 01:14.73 Lago Kortrijk Weide 03/05/2026			PB (25m pool): 01:12.30 SB: 01:14.73 Lago Kortrijk Weide 03/05/2026
	5 0 M	1 0 0 M	
PB	00:35.31	01:14.73	
	00:35.31	00:39.42	
			

Coach feedback:

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Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:15, starttime: 10:39
Heat: 15/20 Lane : 7 Athlete: POPPE CÉLESTE			Q-time: 01:11:30
PB (50m pool): 01:11.30 Gent 08/02/2026			PB (25m pool): 01:12.40 SB: 01:11.30 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:34.23	01:11.30	
	00:34.23	00:37.07	
			

Coach feedback:

Event number: 38: 100M BREASTSTROKE MEN 13-14			Heat:2, starttime: 11:43
Heat: 2/8 Lane : 2 Athlete: HEYLIGEN FELL			Q-time: 01:25:41
PB (50m pool): 01:26.67 Lago Kortrijk Weide 03/05/2026			PB (25m pool): 01:25.41 SB: 01:26.67 Lago Kortrijk Weide 03/05/2026
	5 0 M	1 0 0 M	
PB	00:40.63	01:26.67	
	00:40.63	00:46.04	
			

Coach feedback:

Event number: 38: 100M BREASTSTROKE MEN 13-14			Heat:3, starttime: 11:45
Heat: 3/8 Lane : 4 Athlete: BOHIJN MILO			Q-time: 01:22:92
PB (50m pool): 01:27.18 Brugge 01/02/2026			PB (25m pool): 01:22.92 SB: 01:27.18 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:40.99	01:27.18	
	00:40.99	00:46.19	
			

Coach feedback: